

ACTIVITY 1: Indoor/Outdoor Mobiles

Objective: Students will identify indoor and outdoor environments, and what types of things we need indoors to live in healthy environments.

Duration: 1 class period; may need additional time because students are drawing their own pictures

Materials:

- ☐ 1 Large poster board
- ☐ 1 Ball of string or yarn
- ☐ Drawing paper
- ☐ Paper hole puncher
- ☐ 1 Box of paper clips
- ☐ 1 Large basket or bag

Vocabulary:

- ☐ Environment (indoor/outdoor)
- ☐ Air
- ☐ HVAC system (Heating, Ventilation, Air Conditioning)

Focus Questions:

- ☐ What is an “environment”?
- ☐ What is an “indoor environment”?
- ☐ What is an “outdoor environment”?
- ☐ What types of places are you inside during the day?
- ☐ Do you know why we need certain things indoors to remain healthy?

Activity Procedure:

1. Ask students to think of places they have been outside and inside during the past few days.
2. Discuss how indoor and outdoor environments compare and contrast.
3. Ask students to think what people need indoors to live healthily.

4. Split the students into 3 groups and administer paper to each student.
5. Assign 1 group to draw several examples of an indoor environment they have been inside in the past few days. Assign the second group to draw different things people need in their indoor environments to live healthily & comfortably. The third group should concentrate on drawing examples of outdoor environments.
6. After the 3 groups have finished drawing, mount each picture onto a separate piece of construction paper. Once the pictures are mounted, punch holes in the top of the pictures and reinforce the holes with small pieces of tape.
7. To make the mobile, take a sheet of poster board, and cut it into 3 long strips (18"x5") or as many needed to include all the students drawings. Along each 18" poster strip, punch 7 - 10 holes.
8. Tie different lengths of string/yarn to each hole and place an opened paper clip on the end of the string/yarn.
9. Label the poster strips with headings, e.g., "Our Indoor Environments," "Things We Need Indoors to be Healthy," "Outdoor Environments."
10. Place all the pictures in a basket/bag. Ask each student to pick a picture and place it on the correct mobile. The pictures can be put on the mobile by placing the open paper clip into the punched-out hole on the picture.
11. After the student has chosen one of the 3 mobiles, ask the student to explain why.
12. Hang the mobiles around the room and use them to review indoor and outdoor environments with the students.

Follow-up Questions:

- ☐ What are the examples of indoor and outdoor environments?
- ☐ What type of things do we need indoors to be healthy?